



8270 WEST BELFORT
HOUSTON, TX 77071
713-777-1566

MONDAY – THURSDAY: 8AM – 10PM
FRIDAY: 8AM – 12:00 MIDNIGHT
SATURDAY: 8AM – 2:30 AM
SUNDAY: 11AM – 10PM

MENU

WELCOME TO COOL RUNNINGS! HERE, YOU CAN HAVE YOUR FOOD YOUR WAY, THE WAY YOU LIKE IT. LIKE IT SPICY? WE CAN ADD ALL THE HEAT YOU WANT. WANT TO ADD SHRIMP TO YOUR STEAMED FISH? CONSIDER IT DONE! LET US KNOW WHAT YOU WANT, AND WE'LL DO OUR BEST TO MAKE IT HAPPEN.

SIGNATURE ENTREES

ALL ENTREES ARE SERVED WITH STEAMED VEGETABLES AND PLANTAINS, PLUS YOUR CHOICE OF RICE & PEAS OR WHITE RICE OR BOILED PROVISION* (*SUBJECT TO AVAILABILITY)

OXTAILS	LARGE 14.49	SMALL 10.99
JERK CHICKEN	LARGE 10.99	SMALL 8.99
JERK WINGS (FRI/SAT/SUN ONLY)	LARGE 11.49	SMALL 8.99
SERVED WITH RICE/VEG/PLANTAINS OR JERK FRIES	(8 WINGS)	(6 WINGS)
JERK PORK (FRI/SAT/SUN ONLY)	LARGE 11.99	SMALL 9.99
CURRIED GOAT	LARGE 13.99	SMALL 10.99
BROWN STEW CHICKEN	LARGE 9.99	SMALL 7.99
CURRIED CHICKEN	LARGE 9.99	SMALL 7.99
VEGETARIAN PLATE	LARGE 9.99	SMALL 7.99
YOUR CHOICE OF RICE, PLUS VEGETABLES AND PLANTAINS		
ROTI	CHKN 10.99	SHRIMP 13.99
	GOAT 12.99	VEG 9.99
KIDS' MEAL – AGES 6 AND UNDER	ONE SIZE 5.99	
CHOOSE ANY CHICKEN DISH ABOVE. SERVED WITH RICE & PLANTAIN		

HOUSE SPECIALTIES

COOKED TO ORDER

COCONUT CURRY SHRIMP 13.49

A COOL RUNNINGS CUSTOMER FAVORITE! FRESH JUMBO SHRIMP SEASONED AND SMOTHERED IN OUR RICH, CREAMY COCONUT CURRY SAUCE. COOKED TO ORDER.

FRESH FISH – MARKET PRICE

RED SNAPPER OR PARROT FISH COOKED TO ORDER ONE OF THREE WAYS:

- STEAMED – SEASONED AND STEAMED IN A LIGHT BROTH WITH FRESH VEGETABLES
- ESCOVITCH – FRIED, SERVED WITH OUR SPECIAL BLEND OF BELL PEPPERS, CARROTS, AND ONIONS MARINATED IN A BALSAMIC VINAIGRETTE SAUCE
- BROWN STEW – SEASONED AND STEAMED IN A SPICY BROWN GRAVY

MONTEGO BAY BURGER & JERK FRIES 6.79

JERK SEASONED GRILLED BURGER WITH CHEESE, LETTUCE, TOMATO & ONIONS

JAMAICAN CORNER

ACKEE & SALT FISH – 15.99

JAMAICA'S NATIONAL DISH, SEASONED AND SAUTÉED WITH FRESH VEGETABLES

SALTFISH COOKUP– 12.99

A CARIBBEAN FAVORITE, PREPARED WITH TOMATOES, ONIONS, GARLIC AND SPICES

SOUP OF THE DAY

SMALL - 2.70 LARGE – 5.54

SUNDAY – CHICKEN FOOT
MONDAY – RED PEA WITH BEEF
TUESDAY - SEAFOOD
WEDNESDAY – COWFOOT

THURSDAY – CHICKEN
FRIDAY – FISH
SATURDAY – GOAT

A LA CARTE

PATTIES – BEEF, CHICKEN, OR VEGGIE	1.85EA/\$20 PER DOZEN BAKED OR FROZEN
JERK CHICKEN (1/2 CHICKEN)	8.99
JERK JERK WINGS (8 WINGS)	9.99 (AVAILABLE FRI/SAT/SUN)
JUST JERK PORK	9.99 (AVAILABLE FRI/SAT/SUN)
JERK FRIES	3.00
FESTIVAL (FRIED SWEET BREAD - 3)	3.00
FRIED DUMPLINGS (4)	2.00
SALTFISH FRITTERS (2)	3.99
PLANTAINS	3.00
RICE & PEAS	3.00
STEAMED VEGETABLES	3.00
ROTI SKIN	4.00
COCO BREAD	1.50
HARD DOUGH BREAD	.50 PER SLICE

DESSERTS

RUM CAKE	4.59
CAKE BY THE SLICE	3.69
ICE CREAM: RUM RAISIN, GRAPE NUT, OR TROPICAL SELECTION	SM - 3.69 LG - 6.69

ALL PRICES SUBJECT TO CHANGE

FULL SERVICE CATERING AVAILABLE FOR EVENTS LARGE AND SMALL



FACEBOOK.COM
COOLRUNNINGSHOUSTON

WWW.COOLRUNNINGSJAMAICANGRILL.COM